REGISTRATION

Registration begins at 7:30AM, Saturday, October 6, 2012, at The New York Academy Of Medicine (NYAM)
1216 Fifth Avenue At 103rd Street
New York, NY

REGISTRATION FEES

Professionals: $195
Students (Graduate Students, Analytic Candidates, Residents, And Fellows): $110
(For instructions on confirming student status, see www.ppdassociation.org.)

On-Site Registration: $225
To register online, go to www.ppdassociation.org

CANCELLATION POLICY

A $50 fee will be applied to all refund requests.

LUNCH

Lunch is available on-site for $15, payable at registration.
For more information about off-site lunch options see www.ppdassociation.org

HOTELS

For information about hotels see www.ppdassociation.org

CMES AND CEUS

CMES and CEUS are not available for this event.

Additional information can be found at the sponsors’ websites:
Psychophysiologic Disorders Association (PPDA):
www.ppdassociation.org
New York University Postdoctoral Program in Psychoanalysis and Psychotherapy: www.postdocpsychoanalytic.as.nyu.edu
For Information about The New York Academy Of Medicine see: www.nyam.org

Conference Planning Committee: Frances Sommer Anderson, PhD, SEP, Chair;
Eric Sherman, PsyD, Co-Chair; David D. Clarke, MD; Alan Gordon, LCSW;
Dana Geva-Grofman, PhD; Neal May, PsyD; Forest S., MA, MS; Derek Saper, MFT;
Jeffrey Wintail, PhD

Technical assistance: Sergio Quiros

Cover art: After a Night of Rain (detail), Heidi Berrin Shonkoff
www.heidiberrinshonkoff.com
PROGRAM

8:30 – 8:45 OPENING REMARKS AND INTRODUCTIONS
Lewis Aron, PhD, ABPP — Director of NYU Postdoc

8:45 – 9:30 Solving Medical Mysteries: Hidden Stresses and Unexplained Symptoms
David D. Clarke, MD — PPDA

9:30 – 9:40 Psychophysicologic Disorders: A Patient’s Perspective
Forest S., MA, MS — PPDA

Howard Schubiner, MD — PPDA

10:25 – 10:40 BREAK

10:40 – 12:10 Clinical Case: Mother’s Goody Girl, and Thereafter: Early Attachment Bonds and the Development of Somatic Symptoms
Frances Sommer Anderson, PhD, SEP — NYU Postdoc and PPDA

DISCUSSANTS: Mary-Joan Gerson, PhD, ABPP — NYU Postdoc
Peter Zafrides, MD — PPDA
David D. Clarke, PPDA Medical Consultant

12:10 – 14:00 LUNCH

14:00 – 2:55 KEYNOTE SPEAKER
Raja Selvam, PhD

Building Affect Tolerance through the Physiology to Reduce Psychosomatic Symptomatology: A Clinical Case Approach

2:55 – 3:00 BREAK

3:10 – 3:25 Peer Support for People with Psychophysicologic Disorders: A View from the Trenches
Forest S., MA, MS — PPDA

DISCUSSANTS: Evelyn Rappaport, PsyD, SEP — NYU Postdoc
Sharon Bergner, MD, ABPP — NYU Postdoc
Alan Gordon, LCSW — PPDA
Howard Schubiner, MD, ABPP — PPDA Medical Consultant

3:25 – 5:15 Into, and Out of, the Rabbit Hole: Cascading Errors in the Diagnosis and Treatment of PPD
Mary-Joan Gerson, PhD, ABPP — NYU Postdoc

DISCUSSANTS: Evelyn Rappaport, PsyD, SEP — NYU Postdoc
Sharon Bergner, MD, ABPP — NYU Postdoc
Alan Gordon, LCSW — PPDA
Howard Schubiner, MD, ABPP — PPDA Medical Consultant

5:15 – 5:30 CLOSING REMARKS
Spyros Orfanos, PhD, ABPP — NYU Postdoc Clinic Director

Lewis Aron, PhD, Director of the NYU Postdoctoral Program in Psychotherapy and Psychosomatics, is founding president of the International Association for Relational Psychotherapy (ARP) and formerly President of the Division of Psychosomatics (39) of the American Psychological Association. Recognized internationally as a teacher and lecturer on psychotherapy and psychosomatics, he teaches workshops to professional therapists. Dr. Aron, in the private practice of psychotherapy and psychosomatics in Port Washington and New York City, also provides consultation and developing services to executives, businesses, associations, and organizations. His most recent book, A Psychotherapist for the People: Toward a Progressive Psychosomatics, is co-authored with Karen Starr.

David D. Clarke, MD, is a Clinical Assistant Professor of Gastroenterology Emeritus and Senior Scholar at the Center for Ethics at Oregon Health & Science University (OHSU). A founding member of the board of directors, he is President of the Psychophysiological Disorders Association (PSDA) and Clinical Advisor to Stress-Related Illness Recovery Practitioners Association (UK) and a Clinical Lecturer with Pacific University Board-certified in Gastroenterology and Internal Medicine, his book They Can’t Find Anything Wrong! was praised by a past president of the American Psychosomatic Society as “truly remarkable.”

Howard Schubiner, MD, is board-certified in pediatrics, adolescent medicine, and internal medicine. He was a Professor at Wayne State University for 18 years and now works in the Internal Medicine department at Providence Hospital in Southfield, MI, where he directs the Mind Body Medicine program. Dr. Schubiner is an active educator and researcher and has authored over 60 publications in scientific journals and books. He has been granted several million dollars by the National Institutes of Health to conduct research studies of an emotional expression intervention for individuals with fibromyalgia, which is a psychophysiological disorder. Dr. Schubiner is a founding member of the board of directors of the PSDA.

Frances Sommer Anderson, PhD, a psychoanalyst and licensed psychologist in private practice in New York City, also holds a practitioner certificate (SEP) from the Somatic Experiencing® Trauma Institute. Specializing in treating pain and other mindbody disorders since 1979, she integrates relational psychoanalytic theory, research in the neuroscience of emotional and cognitive processing, and the neurobiology of attachment, trauma and pain. She has been recognized internationally for her experiential teaching style and for leading edge publications regarding the body in psychosomatic theory and practice. Relational Perspectives on the Body (1998, co-edited with Lewis Aron) and Bodies in Treatment: The Unspoken Dimension (2007) are her forthcoming book, Pathways to Pain Relief, is co-authored with Eric Sherman, PsyD. She is a founding member of the board of directors of the PSDA.

Mary-Joan Gerson, PhD, ABPP, a psychoanalyst and recognized expert in couple and family therapy, is a Supervisor, Adjunct Clinical Professor and Director of the Advanced Specialization in Couple and Family Therapy at the NYU Postdoctoral Program and a Supervisor at National Institute for the Psychotherapies. In the Division of Psychosomatics (3) of APA, Dr. Gerson is Co-Chair, Committee on Psychotherapy and Psychosomatics and Founding President of Section 8, Couple and Family Therapy. She has presented nationally and internationally on the integration of psychodynamic, family and somatic theories, and published numerous articles with this focus, including a book, The Embedded Self. 2nd edition (2009). On the teaching faculty of Mount Sinai School of Medicine, she has presented and published numerous articles focusing particularly on the relationship aspects of coping.

Peter Zafrides, MD, board certified in psychiatry and neurology, is President & Medical Director of Central Ohio Behavioral Medicine, Inc. (C OMBD), a premier behavioral health care practice established in 1997 that includes a multi-disciplinary/plurality group of MD, NP, RN, PhD, LSW, and LPCC clinicians. A Clinical Assistant Professor of Psychiatry at Ohio State University, he is also founder of The Healthy Mind Network and host of the weekly online broadcast, “The Healthy Mind with Dr. Zafrides”. His area of interest within psychiatry is the mind-body role of emotions in physical illness—specifically chronic pain, publishing and lecturing both nationally and internationally on this topic. He is a member of the board of directors of the PSDA.

Raja Selvam, PhD, is a senior Somatic Experiencing® (SE) trainer. He teaches throughout the US, Europe, Brazil and Asia. Developer of Integral Somatic Psychotherapy (ISP) and Integral Trauma Resolution (ITR), his approach draws from bodywork systems of Postural Integration and Biodynamic Cranio-Sacral Therapy, bio-psychotherapy systems of Neuroenergetics and Bodyodynamic Analysis, Jungian and Archetypal psychologies, psychosomatics of school Objection and Inter-Subjectivity, Somatic Experiencing® (SE), Affective Neuroscience, and Advaita Vedanta, a spiritual tradition from India.

Eric Sherman, PsyD, a licensed psychologist and psychoanalyst, is in full-time private practice in New York City. He is also a somatic experiencing® practitioner (SEP) and a clinical supervisor at Yeshiva University and Pace University. Treating individuals, couples and families, he has more recently specialized in trauma resolution and is integrating somatic, embodied experiences with relational psychoanalysis. Author of a number of articles currently in press, she travels between New York and Jerusalem to lecture and consult to trauma coalitions and corporate clients. Dr. Rappaport is also on the board of the International Trauma Institute where she is developing programs in emotional first aid.

Sharon Bergner, PhD, is a member of the faculty at both the Institute for Psychoanalytic Training and Research and NYU’s Postdoctoral Program in Psychotherapy and Psychosomatics. She has written about theory, fantasy and the therapeutic context in times of bodily dysfunction, and has trained and worked in medical settings including those of oncology, primary care, and women’s reproductive health.

Alan Gordon, LCSW, a psychotherapist in Los Angeles, CA, specializing in the treatment of chronic pain, is Adjunct Lecturer in the Department of Social Work at the University of Southern California. While specializing in the assessment and treatment of pain syndromes and other psychophysiological disorders, he also treats individuals with physical disabilities, cancer, and other serious medical illnesses. Dr. Sherman holds a certificate of Specialization in Psychoanalysis and Psychotherapy from the NYU Postdoctoral Program in Psychotherapy and Psychosomatics. A founding member of the board of directors of the PSDA, he is also co-author with Frances Sommer Anderson, PhD, of the forthcoming book, Pathways to Pain Relief.

Evelyn Rappaport, PsyD, a clinical psychologist and graduate of the NYU Postdoctoral Program in Psychotherapy and Psychosomatics, is an full-time private practice in New York City. She is also a somatic experiencing® practitioner (SEP) and a clinical supervisor at Yeshiva University and Pace University. Treating individuals, couples and families, she has more recently specialized in trauma resolution and is integrating somatic, embodied experiences with relational psychoanalysis. Author of a number of articles currently in press, she travels between New York and Jerusalem to lecture and consult to trauma coalitions and corporate clients. Dr. Rappaport is also on the board of the International Trauma Institute where she is developing programs in emotional first aid.