



**SPAULDING**  
REHABILITATION HOSPITAL

CAPE COD

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your  
strength.**



# Pathways to Pain Relief:

## PSYCHOLOGICAL TREATMENT FOR STRESS-RELATED PAIN

Join us for a **CE Workshop** for health professionals which will include experiential learning, didactic and clinical case presentations. The authors of *Pathways to Pain Relief* will illustrate how musculoskeletal pain and other psychophysiological disorders can originate from psychological experiences as a means to protect the individual from unbearable emotional distress.

### PARTICIPANTS WILL LEARN:

- Psychodynamics that contribute to pain
- How to explore the connections between
  - emotional stress
  - repressed and/or dissociated emotions
  - psychophysiologic pain disorders (PPD)
- Fundamentals of treatment from a mental health professional's perspective, including strategies for effective collaboration with other medical professionals

### PRESENTED BY:



**Frances Sommer Anderson, PhD, SEP, Licensed Psychologist**  
*Faculty, Manhattan Institute for Psychoanalysis Trauma Certificate Program*  
[www.francesommeranderson.com](http://www.francesommeranderson.com)



**Eric Sherman, PsyD, Licensed Psychologist**  
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## Save the Date!

### WHEN

**Saturday, November 1**  
**9:00 am – 3:00 pm**

### LOCATION

**Spaulding Rehabilitation  
Hospital Cape Cod**  
**311 Service Road**  
**East Sandwich, MA**

### COST

**\$90**  
**Breakfast & Lunch included**  
*Space is limited!*

### FOR MORE INFORMATION

**Marketing: 508.833.4014**

Find us



[www.spauldingrehab.org](http://www.spauldingrehab.org)

**5 Continuing Education Credits provided for Psychologists, Social Workers, Substance Abuse Counselors and Registered Nurses – Certificate of Completion for other health professionals.**